**Disciplinary Procedures for Gymnasts 2019 to 2020**

*Examples of unreasonable behaviour*

* Disobeying a coach’s instructions without good reason or wasting time.
* Repeatedly being late for training and competitions or missing sessions without a good reason.
* Not wearing suitable clothes for training and events as agreed with the coach. This includes the wearing of earrings and jewellery.
* Behaving dangerously or continuously messing around.
* Using bad language, calling people names or providing an environment that inflicts fear and harassment onto others. This includes social networking sites.
* Leaving the session without permission.
* Using mobile phones during sessions without prior permission from the Lead Coach

If a gymnast has broken the rules, the Lead Coach will award one or more of the following disciplinary actions to the gymnast at fault:

Level 1: A verbal warning (can be given by a qualified coach)

Level 2:  After the 2nd verbal warning in one session the lead coach will sit the gymnast out for out for an agreed “cooling down” period. (e.g. 5-year-old = 5mins / 10 year old = 10 mins)

Level 3: If after a sit out the gymnast continues to act unreasonably in the session the lead coach will telephone the gymnasts parents and ask them to collect their child immediately from the session. A full verbal explanation is given to the parents by the gymnasts lead coach and a concerns form should be completed and given to the Club Manager

Level 4:  A written warning is given, and a concerns form is completed. A full verbal explanation is given to the parents by the Lead Coach, Club Manager and/or the Welfare Officer.

Level 5:  A written warning with suspension for an agreed amount of training sessions is given and a concerns form is completed and given to the Club Manager. A full verbal explanation is given to the parents by the Lead Coach, Club Manager and/or the Welfare Officer.

Level 6: A recommendation is given to the Directors for the gymnasts’ dismissal from the club.

*N.B A parent/guardian is encouraged, and may be asked, to come in and talk to the Coaches/club manager before reaching level 4/5. (Reviewed 1st August 2019)*